

**All Entrees Come  
With Rice and Beans**



Camarones A la Diabla

Tampiqueña

**PLATOS FUERTES**

- Chicken Fajita**..... \$15.95
- Skirt Steak Fajita**..... \$16.95
- Shrimp Fajita**..... \$17.95
- Mix Fajita Any Two Chicken,  
Shrimp or Skirt Steak**..... \$21.95
- Tampiqueña**..... \$17.95  
Combination Platter with Skirt Steak, Chicken  
Enchilada and Pork Tamal
- Chile Relleno** ..... \$16.95  
Roasted Poblano Pepper Stuffed with Monterrey  
Jack Cheese and Queso Fresco
- Enchiladas** ..... \$13.95  
Three Corn Tortillas with Cheese and Chicken or  
Ground Beef with Red, Green or Mole Sauce
- Enchilada Sampler** ..... \$13.95  
One Beef with Mole Sauce, One Chicken with  
Red Guajillo Sauce, One Cheese with Verde Sauce
- Tamales** ..... \$14.95  
Seasoned Homemade Steamed Masa with  
Chicken or Pork Wrapped in Corn Husk
- Pollo en Mole Poblano**..... \$15.95  
Chicken Breast Simmered in a Savory Dried  
Chiles and Mexican Chocolate Sauce
- Pollo Al Amor**..... \$15.95  
Chicken Breast Sautéed in Ranchero Tomato  
Sauce with Onions and White Wine
- Pollo Al Chipotle** ..... \$15.95  
Seared Chicken Breast with a Smokey Chipotle  
Tomato Sauce
- Carne de Puerco en Salsa Verde**..... \$15.95  
Slow Roasted Shredded Pork with Green  
Tomatillo Sauce
- Carne Asada A la Plancha** ..... \$16.95  
Seasoned Skirt Steak Seared in a Skillet with  
Sautéed Onions
- Camarones A la Diabla** ..... \$ 17.95  
Large Shrimp Sautéed in a Flavorful Spicy  
Tomato Sauce
- Camarones Al Ajillo** ..... \$17.95  
Large Shrimp Sautéed with Garlic, Cajun,  
Lemon, Butter and White Wine
- Tilapia A la Veracruz** ..... \$17.95  
Sautéed Tilapia Filet with Tomato, Onions,  
Capers, Raisins, Black Olives and White Wine

**La Bomba Molcajete (for TWO)**..... \$38.95  
Steak, Shrimp, Chicken, Chorizo, Peppers, Onions  
and Fresh Pineapple with a Spicy Chipotle Sauce,  
Served in a Bubbling Lava Stone Bowl, and Tortillas

**TORTAS CALIENTES & WRAPS**

- Sonora** ..... \$8.95  
Sliced Steak, Sautéed Onions and Peppers, Refried  
Beans, Jack Cheese, Lettuce and Tomato
- Guadalajara** ..... \$7.95  
Shredded Chicken, Lettuce, Tomato, Jack Cheese,  
Avocado and Chipotle Sour Cream
- Tijuana** ..... \$7.95  
Grilled Vegetables, Refried Beans, Jack Cheese,  
Avocado, Lettuce and Tomato
- Fresco** ..... \$7.95  
Blackened Chicken Breast, Tomato, Bacon, Cheddar  
Cheese, Ancho Chili Mayonaise
- Sinaloa** ..... \$8.95  
Slow Roasted Shredded Pork, Refried Beans, Jack  
Cheese, Avocado, Lettuce and Tomato
- Nayarit** ..... \$7.95  
Grilled Chicken, Cheddar Cheese, Lettuce and Tomato  
in a Flour Tortilla Wrap
- San Luis** ..... \$7.95  
Grilled Vegetables, Lettuce, Tomato, Jack Cheese and  
Chipotle Sour Cream in a Flour Tortilla Wrap

**Lunch Express**

- Burritos**.....\$7.95  
Start with a 12" Flour Tortilla, Filled with choice of Rice  
(White or Mexican) & Beans (Black or Refried)
- Gringo Tacos**.....\$7.95  
Start with ( 2 ) 6" Flour Tortillas Filled with choice of  
Rice (White or Mexican) & Beans (Black or Refried)  
**Add: (Pick One)** Chicken, Ground Beef or Vegetables  
**Dress it up with:** Shredded Lettuce, Monterrey Jack Cheese,  
Salsa Fresca & Sour Cream.

*Full Service Caterers  
Rentals Available  
Wait Servers & Chefs Upon Request*

*All entrées are cooked to order,  
using only the finest ingredients.  
Sit back and enjoy "A Taste of Mexico"*

**FRESCO MEXICAN**

*Fresh, Fresh, Fresh!*

**Lunch  
Menu**

**137 Main Street  
Chester, NJ 07930  
908-955-7222**

**Frescomexican.com**

**HOURS:  
Open MON.-SUN.  
from 10:30a.m.**



EXPERIENCE THE TASTES OF MEXICO



Queso Fundido con Chorizo

### APERITIVOS

- Nachos al Fresco..... \$8.95**  
Tortilla Chips Jack and Cheddar Cheese choice of Chicken, Beef or Vegetables
- Empanadas..... \$5.95**  
Crispy Corn Masa Turnovers Filled with Cheese choice of Chicken, Beef or Vegetables
- Queso Fundido con Chorizo ..... \$8.95**  
Melted Cheese Casserole, Mexican Chorizo, Homemade Corn Tortillas
- Cheese Quesadilla..... \$5.95**  
Flour Tortilla filled with Melted Jack and Cheddar Cheese
- Guacamole..... \$7.95**  
An Aztec Recipe: Avocado, Cilantro, Tomato, Onions, Lime Juice
- Sopes..... \$6.95**  
Crispy Corn Masa Tarts with Beans, Lettuce, Cheese and Avocado choice of Ground Beef, Chicken or Vegetables
- Bocadillo Platter..... \$13.95**  
Combination Platter with Chicken Empanadas, Crispy Beef Taquitos and Fresh Homemade Guacamole
- Seafood Ceviche..... \$14.95**  
Lime Marinaded Shrimp & Crab Meat over Shredded Iceberg Lettuce
- Roasted Stuffed Jalapeños..... \$8.95**  
Cheddar, Cream Cheese Filling with Crisp Bacon



Sopes



Empanadas

### SOPAS

- Pozole..... \$7.95 / Large \$10.95**  
Traditional Soup with Hominy and Pork, Garnished with Lettuce, Cilantro, Onions and Lime
- Caldo Tlalpeño..... \$5.95**  
Chicken, Garbanzo, Avocado, Queso Fresco and Chipotle Pepper
- Chicken Tortilla Soup..... \$5.95**  
Guajillo Chile Infused Soup, Queso Fresco, Avocado, and Crispy Tortilla Strips



Pozole



Fresco Fiesta Salad

### ENSALADAS

- Fresco Fiesta Salad..... \$11.95**  
Crisp Greens, Shredded Chicken, Cheese, Salsa Fresca, Guacamole and Black Beans
- Margarita Steak Salad..... \$17.95**  
Sliced Skirt Steak in a Margarita Lime Marinade, Crisp Greens, Black Beans, Corn, Salsa Fresca and Avocado
- Ensalada Verde..... \$6.95**  
Crisp Lettuce, Corn, Black Beans, Salsa Fresca, Lemon Lime Vinaigrette
- Sangrita Chicken Salad..... \$16.95**  
Marinated Chicken Breast in our own Sangrita Recipe over Crisp Greens, Sliced Oranges, Avocado, Grapes, Plantains and Spicy Glazed Pecans
- Taco Salad..... \$11.95**  
Taco Shell Bowl with Romaine Lettuce, Black Beans, Salsa Fresca, Cheese and Sour Cream, Choice of Shredded Chicken, Ground Beef or Vegetables  
*With Grilled Chicken or Sliced Steak ..... \$5.00*  
*With Shrimp..... \$7.00*



Chips & Salsa



Mole Poblano Chicken

### SIDES

- Refried Beans ..... \$3.95
- Black Beans ..... \$3.95
- Mexican Rice ..... \$3.95
- Rice and Beans Combo ..... \$4.95
- Homemade Chips and Salsa ..... \$4.95
- Half Order Guacamole ..... \$4.95
- Platanos Maduros ..... \$5.95

### MENU DE NIÑOS

- Chicken Fingers ..... \$5.95
- Cheese Quesadilla ..... \$5.95
- Crispy Chicken Taquitos ..... \$5.95
- Salchipulos (Octopus Shaped Hot Dog)..... \$5.95  
With French Fries, Fresh Fruit or Rice and Beans
- Nachos with Ground Beef or Chicken ..... \$5.95



Seafood Ceviche



Tacos

### TACOS, QUESADILLAS & BURRITOS

- Tacos de Carne Asada ..... \$7.95**  
Seasoned Sliced Steak
- Tacos al Pastor ..... \$7.95**  
Chile Marinated Pork
- Tacos de Pollo ..... \$7.95**  
Shredded Chicken
- Tacos de Ground Beef ..... \$7.95**  
Seasoned Ground Beef
- Tacos de Chorizo ..... \$7.95**  
Grilled Mexican Sausage
- Tacos de Camaron ..... \$13.95**  
Sautéed Shrimp with Tomato and Red Guajillo Sauce
- Tacos de Pescado ..... \$13.95**  
Sautéed Tilapia with Tomato and Red Guajillo Sauce  
*All Tacos above (3 tacos per order) served with Chopped Cilantro, Onions and Cheese*
- Crispy Taquitos ..... \$11.95**  
Three Hand Rolled Corn Tortillas with Cheese choice of Chicken, Ground Beef or Vegetables, Rice and Beans
- Crispy Flautas ..... \$11.95**  
Two Hand Rolled Flour Tortillas with Cheese choice of Chicken, Ground Beef or Vegetables, Rice and Beans
- Fiery Habanero Shrimp Quesadilla..... \$18.95**  
Sautéed Shrimp, Spicy Habanero Sauce, Tomato, Onions and Poblano Peppers with Cheese in a Flour Tortilla, Rice and Beans
- Chicken Quesadilla ..... \$12.95**  
Flour Tortilla with Shredded Chicken Melted Cheddar and Jack Cheese. Rice and Beans
- Cajun Chicken Quesadilla ..... \$13.95**  
Seasoned Chicken Breast, Melted Cheddar and Jack Cheese in a Cajun Flour Tortilla. Rice and Beans
- Over Stuffed Burrito ..... \$11.95**  
Flour Tortilla with Rice, Black Beans, Salsa Fresca, Jack Cheese choice of Chicken, Ground Beef or Vegetables
- Chimichanga ..... \$12.95**  
Crispy Flour Tortilla with Rice, Black Beans, Salsa Fresca, Jack Cheese choice of Chicken, Ground Beef or Vegetables  
*With Grilled Chicken or Sliced Steak ..... \$5.00*  
*With Shrimp..... \$7.00*



Crispy Taquitos